

Safety & Information Guide



Natural Balance Gymnastics

Where every child receives individual
attention and encouragement

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Welcome to Natural Balance Gymnastics!

*Where every child receives individual
attention and encouragement.*



Natural Balance Gymnastics is a year round gymnastics & fitness program. We provide a safe, fun environment to develop the joy of learning through a challenging and progressive motor education program.

2019-2020 Session Dates

- Session #1 - September 3, 2019 to October 26, 2019
- Session #2 - October 28, 2019 to December 21, 2019
- Session #3 - January 2, 2020 to February 22, 2020
- Session #4 - February 24, 2020 to April 18, 2020
- Session #5 - April 20, 2020 to June 12, 2020

Natural Balance Gymnastics will be closed on the following days:

- Monday, September 2, 2019 - Labor Day
- Saturday, September 14, 2019 - Coach James off to College!
- Thursday, October 31, 2019 - Halloween
- Thursday, November 28, 2019 - Thanksgiving
- Monday, December 23, 2019 to Saturday, January 1, 2020
- Monday, May 25, 2019 - Memorial Day



Safety Rules

Please review all safety rules and information with your child prior to their first class.

1. Students must follow all safety rules and procedures and listen to instructors at all times. They are not permitted on any mats or equipment with out permission and direct supervision from a Natural Balance Gymnastics instructor.
2. No horseplay. Students who do not follow instructions and adhere to safety procedures and rules will be asked to sit out. Continued disregard for rules will result in contacting of parents, and/or dismissal from the program with no refund.
3. No food or drink except water bottles are permitted in the gym. All other food/beverages must remain in lobby.
4. For EVERYONE'S safety, parents may not speak to or communicate with their children during class.
5. Students may not leave class area without permission from a Natural Balance Gymnastics instructor.
6. Proper Apparel - Your child should be bare foot and wear comfortable clothing. Properly fitted shirts, shorts or sweatpants, or leotards work best. No jeans or baggy clothing. Pants with zippers and snaps or buttons are not permitted. They pose a safety hazard and can damage equipment. Lack of proper attire can limit or prevent participation in class.
7. Hair—Long hair must be tied back away from their face so as not to obstruct vision.
8. Jewelry is a safety hazard. Small post earrings are allowed, but no watches, necklaces, bracelets or other jewelry is permitted, except medical alert jewelry.
9. If student does not feel well or injures him/herself, they must let a Natural Balance Gymnastics instructor know immediately.

Information

1. Tuition—Payment in full is due by the first class of each session. If payment is not received prior to the second class of the session, your child will not be permitted to participate in class. Your child may resume classes after payment in full is received for that session. There will be a \$35.00 fee for all returned checks. **No refunds will be issued.**
2. Missed Classes - Reasonable attempts will be made to schedule make up classes for currently enrolled students due to absence or illness. Make up classes missed due to inclement weather or other facility related issues cannot be guaranteed. However, reasonable attempts will be made to allow for weather related or facility related cancelations.
3. Questions or Concerns—We welcome all comments and concerns. Pick up and drop off times are busy and our staff is focused on your children. If you have concerns, please call, email, or speak with Kelly McPeak to schedule a time to address them privately.



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